# COMMANDER'S GUIDE TO AVIATION RESOURCE MANAGEMENT

## H-Aviation Medicine **VERSION 8**

#### **A-COMMAND FACTORS**

- 1.00 Is the authorized number of Flight Surgeons assigned (authorized and required)IAW AR 616-110, para 11, a & b.If not, is the shortage listed on the USR?
- 2.00 In units without an authorized or assigned Flight Surgeon, does the local Medical Treatment Facility (MTF) Commander, and/or the Command Surgeon (MACOM or USARC or State Surgeon) provide personnel and equipment for the Army Aviation Medicine Program at the local level? (AR 385-95, para 1-6,g, AR 40-501, para 6-4,c, AR 616-110, para 12b, NGB Cir 385-95)
- 3.00 Does the commander suspend pay for nonrated crewmembers with overdue flight physicals (Flying Duty Medical Examinations (FDME's)) and administratively suspend these crewmembers from flying duty?

  (AR 600-106 para 2-7(2))
- 4.00 Are rated crewmembers administratively restricted (grounded) from flying duties and considered for a non medical DQ and FEB when the flight physical (FDME) expires? (AR 40-501, para 6, AR 600-105, para 6-1(2))
- 5.00 Are DAC pilots, contract pilots, civilian ATC personnel, and Wage Grade 11 (WG-11) personnel maintaining valid Army FDMEs? (AR 40-501, para 4-2, 4-33, & 6-4)
- 6.00 Are aircrew members recommended for administrative restriction from flying duties by the commander when the body weight or composition exceeds the limits prescribed by AR 600-9. (AR 40-501, para 4-17, (b)(1))
- 7.00 Are non-operational aviators completing annual flight physicals? (AR 600-105, para 3-1, c, AR 95-1, AR 40-501)
- 8.00 Are the Flight Surgeon and / or APA incorporated into the unit Reading File? (AR 95-1, para 4-4, AR 385-95 para 1-6,







#### **B-FLIGHT RECORDS**

- 1.00 Are the supporting FS and / or APA on flight status with valid orders issued by the appropriate agency? (AR 616-110, para 13 & AR 600-105, para 3-9 and AR 600-106, para 2-2)
- 2.00 Does the Flight Surgeon and / or APA meet the minimum flying hour requirements? (AR 600-105, para 3-9 and 3-10)
- 3.00 Do individual Flight Records contain a properly completed DA Form 4186 (medical clearance for flying or medical restriction from flying)? (AR 40-501, para 6-11, a,b,d and ATB 10)
- 4.00 Does an APA or non-Flight Surgeon, issue a DA Form 4186 to return a crewmember to flying duty only when a flight surgeon is not readily available, and is the DA Form 4186 properly annotated to confirm the flight surgeon giving the verbal or telephonic approval? (AR 40-501, para 6-11, j and AR 40-48, para 2, c.)
- 5.00 Do individual Flight Records contain medical waivers as applicable? (FM 1-300, 7-4b(2))
- 6.00 Are extensions granted for Flight
  Physicals prior to the expiration date of
  the current physical? (One time 30 day is
  the maximum) (AR 40-501, para 6-11, i)
- 7.00 Are crewmembers performing aviation duties with expired physicals or extensions? (AR 95-1, para 2-1b; AR 40-501 para 6-11i, b; AR 600-105; AR 600-106, para 2-7)

#### **C-CLINICAL SUPPORT**

1.00 Does the Flight Surgeon ensure Health Records of aviation personnel are maintained appropriately? (AR 40-3, para 3-5a(2) and AR 40-66)





- 2.00 Do individual Health Records contain a properly completed DA Form 4186?
   (medical clearance for flying or medical restriction from flying) (AR 40-66, para 5-19 & Fig 5-1/2, and ATB 10)
- 3.00 Are current extensions for Flight Physicals (FDME) filed in individual health records? (IAW AR 40-501, para 6-11e)
- 4.00 Do individual Health Records contain medical waivers as applicable? (FM 1-300, para 7-4b(2)(b))
- 5.00 Are sign-out procedures established to maintain accountability of Health Records? (AR 40-66 para 4-6)
- 6.00 Are procedures established for disposition of Health Records of personnel no longer assigned? (AR 40-66 para 5-24 and 5-27)
- 7.00 Does the Flight Surgeon's office retain a copy of the FDME and all enclosures for a minimum of two years? (AR 40-501, para 6-10, c & d)
- 8.00 Do non-operational aviators' Health
  Records contain a current flight physical?
  (AR 95-1, para 2-1b, AR 600-105 para 3-1c)

#### D- AVIATION MEDICINE RELATED PROGRAMS

- 1.00 Does the unit's Aeromedical Training
  Program comply with the following
  references? (AR 95-1, para 4-14,
  FM 3-04.301, para 1-6, and TC 1-210)
- 2.00 Has a mission analysis been conducted to determine special Aeromedical Training requirements? (FM 3-04.301, para 1-10, AR 95-1 para 4-14 and AR 40-3 para 3-6c)
- 3.00 Does the Flight Surgeon ensure the unit's physiological and medical aspects of survival training program (ALSE) is in compliance with the following reference? (AR 95-1, para 8-1, (g)(1-2))
- 4.00 Does the Flight Surgeon advise and assist the Commander on the Hearing and Occupational vision Program? (AR 385-95, para 1-6g(13), NGB CIR 385-95 para 3-5f)



- 5.00 Is the supporting Flight Surgeon a member of the Safety Council?
  (AR 385-95 para 3-4b, NGB CIR 385-95 para 3-3f)
- 6.00 Does the Flight Surgeon take part in Safety meetings and training?

  (AR 385-95, para 1-6g(11), NGB CIR 385-95 para 3-4a)
- 7.00 Are Aviation Accident Prevention Surveys (AAPS) conducted in the area of Aviation Medicine and kept on file? (AR 385-95 para 3-2, AR 40-3 para 3-5b and para 3-6f(1))
- 8.00 Are hazards found during the AAPS, in the area of Aviation Medicine, listed on the hazard-tracking log? (AR 385-95, para 3-2c)
- 9.00 Does the Pre-accident plan address the duties and responsibilities of the Flight Surgeon? (AR 385-95, para 1-6g(5))
- 10.00 Does the medical portion of the Preaccident plan address on and off airfield medical facilities and ambulance agencies? (notification/ transportation of medical examiners, pathologists, and physicians, etc.) (AR 385-95, Appendix C(2), and AR 40-21, para 3,b)

#### E-AIR AMBULANCE UNITS/MAST

- 1.00 Is the unit tasked to perform only medical missions? (Other aviation missions are not authorized, e.g. air assault, VIP transport, etc.) (AR 40-2 Chap 13)
- 2.00 Does a Flight Surgeon participate in the training of air ambulance personnel? (AR 40-3, para 3-5(d) and para 3-6(d))
- 3.00 Does the Flight Surgeon function as the the medical technical advisor to local air ambulance unit commanders?

  (AR 40-3, para 3-6 (d))
- 4.00 Have all Medical Service Corps aviators (67J) successfully completed the Medical Evacuation Doctrine Course (2CF7) (DA PAM 611-21, para 3-21 (j)(2))





5.00 Have commissioned officers in the rank of 1LT or above transferring to medical service corps billets (67J) completed the AMEDD Officer Branch Qualification course (Advanced) 081-22MS?
(DA Pam 350-59, para 4-15)

6.00 Does the unit have a current MAST letter of operational agreement on file? (AR 500- 4, para 4f)

7.00 Does the unit have a current MAST Operational Plan on file? (AR 500-4 para 3i)

8.00 Are joint public information and education programs conducted for communities and organizations involved with the MAST program? (AR 500-4 para 5)

9.00 Are semiannual medical audits of MAST missions conducted by a military physician designated by the installation commander or a civilian physician designated by local or state officials? (AR 500-4 para 5d)

10.00 Are safety surveys conducted for frequently used hospital landing sites? (AR 500-4 para 5f)

11.00 Are Flight Medics performing MAST missions EMT certified? (AR 500-4 para 4g)



